

## CampZone

Our before/after school program offers fun filled & educational programs for children ages 5-12. Students jump into action, working on homework, participating in exciting activities, and participating in group activities.

## **Home Enrichment**

Get going in the great outdoors

When your child hits grade school, you're left with a narrow window of time in late afternoon when you or her after-school child care provider can encourage your child to exercise. And at this age TV, videos, and computer games can compete for her attention.

One of the best ways to make sure that your child gets all the exercise she needs is to head outside. Kids tend to run, climb, hop, skip, and jump much more in the great outdoors than they do when stuck inside. And kids this age are even more likely to do those things if they have a friend along, since doing activities with peers is all-important now.

So scout out some safe outdoor play places for your child, and bring along a buddy or two plus bats, balls, and bikes (don't forget the helmets), jump ropes, scooters, and skateboards. And keep an eye on them as they race around together

## **Reminders & Announcements**

Food for the Soul Fundraiser begins Monday 8/31. Turn in orders 9/11.

Please join us for our grandparent luncheon on Friday, 9/11 from 11:30-12:00 to celebrate Grandparent's Day

## **Upcoming Events:**

9/7 Merryhill School Closed for Labor Day Holiday

9/9 Bring your teddy bear to school

**9/11 Grandparent Luncheon 11:30-12:00** 

9/19 Run In the Dark 1K, 5K & 10K 4-10 pm

9/30 Monthly Folders

2015 RUN IN THE DARK 1K, 5K & 10K

Saturday, September 19<sup>th</sup> 4pm-10 pm

http://www.runinthedarkdfw.com/register/

Please sign up to participate so together we can help our community!

