



Merryhill School
A Nobel Learning Community

April News

Thank you to everyone who came to our Annual Egg Hunt. It was a great success! We have more fun plans for the month of April so be sure to check out the list of events on page 2.

Earth Day T-shirts

Congratulations to Mr. Michael in Pre-K who won our Colorado Merryhill Earth Day T-shirt contest. His design will be on our Earth Day T-shirts! If you would like to purchase a \$12 t-shirt with his design please see the office. Orders must be turned in by April 5th.

Annual Earth Day Ladybug Release

Our Annual Earth Day Ladybug Release will be on April 21st at 3:00 p.m. During this event our students will release thousands of live ladybugs into the environment. All family and friends are welcome to come and participate!

Week of the Young Child

Week of the Young Child is an annual celebration hosted by the National Association for the Education of Young Children celebrating early learning, young children, their teachers and families. During this week (April 24-28) we will participate in a variety of activities and dress up days to celebrate! Please see the second page for specific days and events!

Electronic Sign-in/out System

Our electronic sign-in and out system is coming! This will begin to be implemented very soon. A couple months ago we asked for you to complete a NEW emergency contact form so your contacts can be added to our system. If you haven't already, or haven't completed a re-registration packet please make sure to stop by the office to get the form to complete. If they are not completed your contacts will not be added to the system and will not be authorized to pick up once the system has launched.

Happy Anniversary!

*Ms. Adriana is celebrating 20 years of service at Merryhill School on April 22nd

*Ms. Jasmin is celebrating 1 year of service at Merryhill School on April 25th

APRIL BIRTHDAYS

Jacob R.— 4/02

Devin S.— 4/02

Nola S.— 4/02

Brittany Y.— 4/03

Everly S.— 4/04

Kayla C.— 4/04

Madison B.— 4/05

Max R.— 4/08

Ms. Stephanie—4/10

Ms. Jasmin—4/19

Abhirath G.— 4/25

Hannah W.— 4/26

Parker S.— 4/28

Ms. Taylor—4/30



WELCOME NEW STUDENTS

Brad F.

Bria F.

Lauren K.

Mackenzie A.

Macy B.

Max A.

Trey B.

April Upcoming Events

April 5th— Earth Day T-shirt Orders Due

April 7th— Rockies Opening Day - wear your Rockies gear!

April 6th & 26th— Afternoons with Ashley

April 21st— Annual Earth Day Ladybug Release— 3:00 p.m.

***Wear red or your Earth Day t-shirts!

April 24th-28th— Week Of the Young Child Celebration

24th— Music Monday - Music & Movement Activities!

***Wear your favorite character!

25th— Tasty Tuesday - Cooking projects in class!

***Wear your favorite sports team!

26th— Work Together Wednesday - Classes will buddy up with different age groups to create a project!

***Wear “team” color (will be assigned)

27th— Artsy Thursday - Little Artist Projects!

***Wacky Wear Day — mismatched clothes!

28th— Family Friday -

***Pajama Day

5 Tips for Easing the Morning Madness

April, 2017 | Topics: Social Emotional

We've all been there. The alarm goes off and chaos ensues. You quickly shower and get dressed, and then wake your child up for the day. As you're frantically looking for your car keys, she's running around searching for her matching shoe. All of this is happening before you've had a sip of coffee.

Below are some ideas that might help to ease the morning madness.

1. Start the night before

Make getting ready for the next day part of your bedtime routine. Involve your child in the process to help instill decision-making skills and to get her excited for the next day. Create a schedule (i.e. choose outfit, bathe, brush teeth, read a story, go to sleep) and follow the same sequence of events at the same time every night.



2. Save time for cuddles

You might want to hurry your family out the door, but it's important to take a few moments to cuddle with your child. This quiet time can help her feel calm, relaxed and connected before getting ready.

3. Create a morning routine chart

Around age two, children are capable of following simple directions. Create a morning routine chart with your child, including both words and pictures. Keep the list to a maximum of four tasks (i.e. brush teeth, get dressed, brush hair, eat breakfast). Give her ample time before offering assistance. Add additional responsibilities as she gets older.

4. Designate a "morning essentials" area in your house

Keep your family's keys, bags, shoes and jackets in a specific place in your home. Encourage your child to put her belongings away when she gets home, so everything will be ready to grab and go the next morning.

5. Keep backups in your car

No matter how much you plan ahead, you're bound to forget something or run out of time. Keep some handy supplies in your car, such as a small hair brush, hair ties, a breakfast bar, tissues, and any other items your family might need.

Inevitably, there will be days when you've overslept, your child doesn't like her outfit, or you've spilled coffee on your only ironed shirt. By setting routines and expectations, you'll limit those hectic mornings and your family will be out the door in no time!

– Lauren Starnes, PhD., Director of Early Childhood Education