



December

22 <u>AM Snack</u> Pineapple w/ cottage cheese <u>Lunch</u> Ranch crusted Chicken w/ green beans & pickles <u>PM Snack</u> Pretzels & Nutrigrain bars <u>Extended Snack</u> Chex mix & juice	23 <u>AM Snack</u> Cereal & milk <u>Lunch</u> Spaghetti w/ garlic toast & celery <u>PM Snack</u> Pepperoni w/ crackers & cheese cubes <u>Extended Snack</u> Pears & graham crackers	24 <u>AM Snack</u> Yogurt w/ Blueberries <u>Lunch</u> French Toast w/ strawberries & Orange Juice <u>PM Snack</u> Fruit & goldfish <u>Extended Snack</u> Ritz bitz & fruit leather	25 NO SCHOOL Thanksgiving Break	26 NO SCHOOL Thanksgiving Break
29 <u>AM Snack</u> Yogurt w/ fruit <u>Lunch</u> Cheesy chicken pasta w/ stir fry veggies <u>PM Snack</u> Chocolate pudding & rice cakes <u>Extended Snack</u> Pepperoni w/ crackers	30 <u>AM Snack</u> Pears & Graham crackers <u>Lunch</u> Blackbean & cheese Quesadilla w/ olives & corn <u>PM Snack</u> Peaches & cottage cheese <u>Extended Snack</u> Chips & salsa	1 <u>AM Snack</u> Applesauce w/ fruit leather <u>Lunch</u> BBQ Chicken w/ sweet potato tots & broccoli <u>PM Snack</u> Chips & salsa <u>Extended Snack</u> Chocolate pudding & rice cakes	2 <u>AM Snack</u> Cereal w/ milk & banana <u>Lunch</u> Ham/cheese sandwich w/ cucumbers & mandarin oranges <u>PM Snack</u> Pepperoni w/ cheese cubes <u>Extended Snack</u> Peaches & cottage cheese	3 <u>AM Snack</u> Pita & hummus <u>Lunch</u> Waffles w/ turkey sausage & honeydew <u>PM Snack</u> Cheez its & fruit <u>Extended Snack</u> Pretzels & juice
6 <u>AM Snack</u> Tropical fruit & goldfish <u>Lunch</u> Chicken Alfredo w/ broccoli & cantaloupe <u>PM Snack</u> Pears & teddy grahams <u>Extended Snack</u> Cheez its & fruit	7 <u>AM Snack</u> Yogurt w/ strawberries <u>Lunch</u> Teriyaki chicken w/ corn & rice <u>PM Snack</u> Nutrigrain bars & juice <u>Extended Snack</u> Pears & teddy grahams	8 <u>AM Snack</u> Pineapple w/ cottage cheese <u>Lunch</u> English muffin pizza w/ carrots & apple slices <u>PM Snack</u> Fig bars w/ chocolate pudding <u>Extended Snack</u> Nutrigrain bars & juice	9 <u>AM Snack</u> Graham crackers w/ applesauce <u>Lunch</u> Pancakes w/ turkey bacon & watermelon <u>PM Snack</u> VANilla wafers & fruit leather <u>Extended Snack</u> Fig bars w/ chocolate pudding	10 <u>AM Snack</u> String cheese & pepperoni <u>Lunch</u> Broccoli cheese soup & grilled cheese <u>PM Snack</u> Animal crackers & fruit <u>Extended Snack</u> Vanilla wafers & fruit leather
13 <u>AM Snack</u> Pita w/ hummus <u>Lunch</u> Bean/cheese burrito w/ olives & plain tain chips <u>PM Snack</u> Rice cakes & apples <u>Extended Snack</u> Animal crackers & fruit	14 <u>AM Snack</u> String cheese & seaweed <u>Lunch</u> Turkey/cheese pita w/ avocado and tomato slices <u>PM Snack</u> Applesauce & goldfish <u>Extended Snack</u> Rice cakes & apples	15 <u>AM Snack</u> Peaches & cottage cheese <u>Lunch</u> Parmesan crusted chicken pasta w/ mixed veggies <u>PM Snack</u> Pretzels & fruit leather <u>Extended Snack</u> Applesauce & goldfish	16 <u>AM Snack</u> Yogurt w/ granola <u>Lunch</u> French toast sticks w/ turkey sausage & berries <u>PM Snack</u> Chips & salsa <u>Extended Snack</u> Pretzels & fruit leather	17 <u>AM Snack</u> Fruit & crackers <u>Lunch</u> Stuffed shells w/ fruit & veggies <u>PM Snack</u> Fruit & crackers <u>Extended Snack</u> Chips & salsa