

December

AM Snack Pineapple w/ cottage cheese Lunch Chicken & rice w/ veggies PM Snack Pears & Nutri grain bars Extended Snack Pepperoni & cheese cubes	22 AM Snack Pumpkin cream cheese & bagels Lunch Spaghetti w/ garlic toast & celery PM Snack Pepperoni & cheese cubes Extended Snack Pears & graham crackers	23 AM Snack Yogurt w/ Blueberries Lunch Pancakes w/ strawberries & sweet potato tots PM Snack Fruit & goldfish	NO SCHOOL Thanksgiving Break	NO SCHOOL Thanksgiving Break
AM Snack Yogurt w/ fruit Lunch Ranch chicken pasta w/ mixed veggies & PM Snack Chocolate pudding & rice cakes Extended Snack Cheez its & fruit	29 AM Snack Pears & Graham crackers Lunch Black bean & cheese Quesadilla w/ fruit & corn PM Snack Peaches & cottage cheese Extended Snack Chocolate pudding & rice cakes	30 AM Snack Applesauce w/ animal crackers Lunch BBQ Chicken w/ tater tots & broccoli PM Snack Fruit & crackers Extended Snack Peaches & cottage cheese	1 AM Snack Oatmeal & Fruit Lunch Turkey/cheese sandwich w/ greenbeans & fruit PM Snack Biscuits & jelly Extended Snack Fruit & crackers	2 AM Snack Muffins & juice Lunch Waffles w/ turkey sausage, yams & honeydew PM Snack Pita & Hummus Extended Snack Biscuits & jelly
5 AM Snack Tropical fruit & ritz bitz Lunch Chicken Alfredo w/ broccoli & fruit PM Snack Crackers & jelly Extended Snack Cheez its & fruit	6 AM Snack Yogurt w/ blueberries Lunch Teriyaki chicken w/ corn & rice PM Snack Nutri grain bars & juice Extended Snack Crackers & jelly	7 AM Snack Pineapple & crackers Lunch English muffin pizza w/ green beans & apple slices PM Snack Fig bars & Vanilla wafers Extended Snack Nutri grain bars & juice	8 AM Snack Graham crackers w/ applesauce Lunch Pancakes w/ turkey bacon & watermelon PM Snack Vanilla wafers & fruit leather Extended Snack Fig bars w/ chocolate pudding	9 AM Snack Cheese & pepperoni Lunch Pesto Pasta w/ veggies & fruit PM Snack Animal crackers & fruit Extended Snack Vanilla wafers & fruit leather
12 AM Snack Pita w/ hummus Lunch Beef Patty sandwich w/ veggies & fries PM Snack Chips & guacamole Extended Snack Animal crackers & fruit	13 AM Snack Cereal & muffins Lunch Turkey/cheese sandwich w/ avocado and tomato slices PM Snack Applesauce & goldfish Extended Snack Chips & guacamole	14 AM Snack Peaches & cottage cheese Lunch Parmesan crusted chicken pasta w/ mixed veggies PM Snack Muffins & fruit leather Extended Snack Applesauce & goldfish	15 AM Snack Yogurt w/ granola Lunch Breakfast w/ turkey sausage & berries PM Snack Chips & guacamole Extended Snack Muffins & fruit leather	16 AM Snack Fruit & crackers Lunch Tortellini pasta w/ fruit & veggies PM Snack Fruit & crackers Extended Snack Pita & guacamole