





| 20 | |
|-----------|-------|
| AM | Snack |

20

Pineapple & tiger bites

Lunch

Cheese tortellini w/ veggies & fruit

PM Snack

Fruit & Plaintain Chips

Extended Snack

Pepperoni & fruit

1

AM Snack

Cereal & fruit

Lunch

Hot ham/cheese bagel sandwich w/ veggies & rice

PM Snack

Goldfish & fruit

Extended Snack

Ritz Bitz & fruit

AM Snack

Applesauce & pretzels

Lunch

Spaghetti w/ mixed veggie & fruit

PM Snack

Cheez its & peaches

Extended Snack

Tortilla Chips w/ salsa/cheese

3

AM Snack

Yogurt & fruit

Lunch

English muffin pizza w/ veggies & fruit

PM Snack

Tortilla Chips w/ Salsa/cheese

Extended Snack

Cheez Its & fruit

AM Snack

Cheez Its & tropical fruit

Lunch

Pancakes w/ strawberries &

Turkey sausage

PM Snack

Pepperoni & crackers

Extended Snack

Apple sauce & animal crackers

AM Snack

Graham cracker & banana

Lunch

Cheese covered stuffed shells w/ Green beans & fruit

PM Snack

Cucumbers w/ ranch & jiuce

Extended Snack

Nutri grain bar & fruit

8

AM Snack

Yogurt w/ Blueberries

Lunch

Mini Corndogs w/ roasted sweet potato & mixed veggie

PM Snack

Chocolate pudding &Wafers

Extended Snack

Cucumbers w/ ranch & juice

9

AM Snack

Applesauce & Animal Crackers

Lunch

Meatballs & gravy w/ rice & corn

PM Snack

String cheese & fruit leather

Extended Snack

Chocolate pudding & wafers

10

AM Snack

Cereal w/ fruit

Lunch

Teriyaki Chicken pasta w/

veggies & fruit

PM Snack

Ritz Bitz & fruit

Extended Snack

String Cheese & fruit leather

11

AM Snack

Rice cakes w/ jelly

Lunch

BLT w/ avocado & plaintain chips

PM Snack

Mandarin oranges & goldfish

Extended Snack

Ritz Bitz & fruit

14

AM Snack

Apples & Cheez Its

Lunch

Parmesan Crusted Chicken w/ green beans & sweet potato tots

PM Snack

Ritz w/ jelly

Extended Snack

Mandarin Oranges & goldfish

AM Snack

Lunch

22

Lunch

bacon & Blueberries

PM Snack

Pepperoni & crackers

Peaches & crackers

Turkey Sandwich w/ pickles &

Apple sauce & animal crackers

Extended Snack

Cheez Its & fruit

AM Snack

peas /carrots

Extended Snack

Rice cakes w/ jellly

PM Snack

16

AM Snack

Yogurt w/ Granola

Lunch

Bagel pizza w/ plaintain chips & veggies

PM Snack

Pretzels & fruit leather

Extended Snack

Fig Newton & juice

17

AM Snack

Cereal & milk

Lunch

BBQ Chicken w/ corn & rice

Pineapple PM Snack

Pears & cheez its

Extended Snack

Pretzels & fruit leather

18

Chicken Tostada w/ fruit &

veggies

21

AM Snack

Pita bread w/ hummus

Lunch

Fish stick w/ roasted sweet potato & snap peas

PM Snack

Rice cakes w/ jelly

Extended Snack

Pepperoni & crackers

15

Pita bread w/ hummus

French Toast sticks w/ Turkey

AM Snack

Yogurt w/ Strawberries

Lunch

Pancakes w/ strawberries &

Turkey sausage PM Snack

Celery w/ ranch & crackers

Extended Snack

Apple sauce & animal crackers

24

AM Snack

Cereal & milk

Lunch

Spaghetti w/ veggies & mandarin oranges

PM Snack

Cheez Its & fruit

Extended Snack

Celery w/ ranch & crackers

AM Snack

Waffles & fruit

Lunch

PM Snack

Sliced Apples & juice

Extended Snack

Pears & cheez its

25 **AM Snack**

Pineapple & cottage cheese

Alfredo pasta w/ broccoli , fruit &

garlic toast PM Snack

Fig Newton & juice

Extended Snack

Ritz w/ cheese