

Hello november.

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25 <u>AM Snack</u> Peaches w/ cottage cheese <u>Lunch</u> Turkey, Lettuce &Cheese Sandwich w/ Olives & pickles <u>PM Snack</u> Graham Crackers & sliced appes <u>Extended Snack</u> Fig Bar & fruit leather	26 <u>AM Snack</u> String Cheese & crackers <u>Lunch</u> Chicken BBQ Sandwich w/ peaches & plantain chips <u>PM Snack</u> Chex Mix <u>Extended Snack</u> Yogurt and Granola	27 <u>AM Snack</u> Rice Cakes <u>Lunch</u> Pasta w/ Marinara w/ mandarin oranges <u>PM Snack</u> Cheez its & fruit leather <u>Extended Snack</u> Chex mix	28 <u>AM Snack</u> Mandarin Oranges <u>Lunch</u> English Muffin Pizza w/ sweet potato fries <u>PM Snack</u> Pretzels <u>Extended Snack</u> Cheez Its & fruit leather	29 NO SCHOOL NEVADA DAY
1 NO SCHOOL PARENT/TEACHER CONFERENCES	2 <u>AM Snack</u> Yogurt w/ bananas <u>Lunch</u> Fish Sticks w/ Green beans & pickles <u>PM Snack</u> Pita w/ Hummus <u>Extended Snack</u> Tortilla Chips w/ salsa	3 <u>AM Snack</u> Cheese cubes w/ crackers <u>Lunch</u> Meatballs & mashed potatoes w/ gravy & tropical fruit <u>PM Snack</u> Vanilla wafers &fruit leather <u>Extended Snack</u> Goldfish & pretzels	4 <u>AM Snack</u> French Toast w/ syrup and milk <u>Lunch</u> Buttered Pasta and chicken w/ broccoli <u>PM Snack</u> Pita w/ Hummus <u>Extended Snack</u> Pepperoni w/ Crackers	5 <u>AM Snack</u> Chocolate Pudding & animal crackers <u>Lunch</u> Grilled Cheese w/ tomato soup & pears <u>PM Snack</u> Chex mix & juice <u>Extended Snack</u> Ritz Bitz & milk
8 <u>AM Snack</u> Applesauce & crackers <u>Lunch</u> Cheese, bean black Quesadillas w/ corn <u>PM Snack</u> Ritz w/ sun butter <u>Extended Snack</u> Chex Mix & milk	9 <u>AM Snack</u> Pineapple & cottage cheese <u>Lunch</u> Alfredo pasta w/ broccoli and cheese cubes <u>PM Snack</u> Fig Newton & juice <u>Extended Snack</u> Ritz w/ sun butter	10 <u>AM Snack</u> Yogurt w/ Blueberries <u>Lunch</u> Pancakes and syrup w/ Turkey sausage w/ apples <u>PM Snack</u> Pretzels & fruit leather <u>Extended Snack</u> Fig Newton & juice	11 NO SCHOOL VEERAN'S DAY	12 <u>AM Snack</u> Waffles w/ Syrup & milk <u>Lunch</u> Mini Corn Dogs w/ sweet potato fries & green beans <u>PM Snack</u> Teddy Grahams & juice <u>Extended Snack</u> Pears & plantain chips
15 <u>AM Snack</u> Gold fish & milk <u>Lunch</u> Grilled Teriyaki Chicken w/ corn <u>PM Snack</u> Pears w/ cottage cheese <u>Extended Snack</u> Pretzels & fruit leather	16 <u>AM Snack</u> Yogurt w/ blueberries <u>Lunch</u> Chicken Noodle soup w/ mixed veggies <u>PM Snack</u> Pretzels & fruit leather <u>Extended Snack</u> Pears w/ cottage cheese	17 <u>AM Snack</u> Apple slice w/ rice cakes <u>Lunch</u> Manicotti/stuffed shell/Ravioli w/ veggies <u>PM Snack</u> String cheese w/graham crackers <u>Extended Snack</u> Celery w/ ranch	18 <u>AM Snack</u> Cereal w/ milk <u>Lunch</u> Meatball sub with celery <u>PM Snack</u> Applesauce and animal crackers <u>Extended Snack</u> Tropical fruit & goldfish	19 <u>AM Snack</u> Tropical fruit & goldfish <u>Lunch</u> Nuggets w/ broccoli and cheese soup <u>PM Snack</u> Chips & salsa <u>Extended Snack</u> Applesauce & animal crackers