







27 <u>AM Snack</u> Breakfast w/ orange juice <u>Lunch</u> Grilled Cheese w/ sweet potato fries & lima beans <u>PM Snack</u> Pineapple & Plaintain Chips <u>Extended Snack</u> Chex Mix & fruit	28 <u>AM Snack</u> Soft pretzel w/ cheese & OJ <u>Lunch</u> Black bean & cheese Quesadilla w/ corn & olives <u>PM Snack</u> Goldfish & Chocolate Pudding <u>Extended Snack</u> Ritz Bitz & fruit	29 <u>AM Snack</u> Applesauce & pretzels <u>Lunch</u> Spaghetti/Beef Ravioli &green beans <u>PM Snack</u> Cheez its & tropical fruit <u>Extended Snack</u> Tortilla Chips w/ salsa	30 <u>AM Snack</u> Cereal, milk & banana <u>Lunch</u> English muffin pizza w/ mixed veggies <u>PM Snack</u> Tortilla Chips w/ Salsa <u>Extended Snack</u> Cheez Its & tropical fruit	1 <u>NO SCHOOL</u> Staff Development Day
4 <u>AM Snack</u> Graham cracker & banana <u>Lunch</u> Cheese covered stuffed shells w/ lima beans <u>PM Snack</u> Cucumbers w/ ranch & juice <u>Extended Snack</u> Nutri grain bar & fruit	5 <u>AM Snack</u> Yogurt w/ strawberries <u>Lunch</u> Mini Corndogs w/ ketchup & roasted sweet potato <u>PM Snack</u> Chocolate pudding &Wafers <u>Extended Snack</u> Cucumbers w/ ranch & juice	6 <u>AM Snack</u> Applesauce & Animal Crackers <u>Lunch</u> Meatballs, mashed potatoes & gravy w/ corn <u>PM Snack</u> String cheese & fruit leather <u>Extended Snack</u> Chocolate pudding & wafers	7 <u>AM Snack</u> Tropical Fruit & cereal w/ milk <u>Lunch</u> Teriyaki Chicken Lettuce wraps w/ bell peppers & cucumbers <u>PM Snack</u> Ritz Bitz & milk <u>Extended Snack</u> String Cheese & fruit leather	8 <u>AM Snack</u> Rice cakes w/ sun butter <u>Lunch</u> BLT w/ avocado & plaintain chips <u>PM Snack</u> Mandarin oranges & juice <u>Extended Snack</u> Ritz Bitz & milk
11 <u>AM Snack</u> Applesauce & goldfish <u>Lunch</u> Parmesan Crusted Chicken w/ green beans & sweet potato tots <u>PM Snack</u> Ritz w/ sun butter <u>Extended Snack</u> Mandarin Oranges & milk	12 <u>AM Snack</u> Pineapple & cottage cheese <u>Lunch</u> Alfredo pasta w/ broccoli & garlic rolls <u>PM Snack</u> Fig Newton & juice <u>Extended Snack</u> Ritz w/ sun butter	<ul> <li>13</li> <li><u>AM Snack</u></li> <li>Yogurt w/ Granola</li> <li><u>Lunch</u></li> <li>French bread pizza w/ plaintain</li> <li>chips &amp; salad</li> <li><u>PM Snack</u></li> <li>Pretzels &amp; fruit leather</li> <li><u>Extended Snack</u></li> <li>Fig Newton &amp; juice</li> </ul>	14 <u>AM Snack</u> Cereal & milk <u>Lunch</u> BBQ Chicken w/ corn & Pineapple <u>PM Snack</u> Pears w/ cottage cheese <u>Extended Snack</u> Pretzels & fruit leather	15 <u>AM Snack</u> Waffles w/ Syrup & milk <u>Lunch</u> Parmesan crusted pasta w/ mixed veggie <u>PM Snack</u> Sliced Apples & juice <u>Extended Snack</u> Pears w/ cottage cheese
18 <u>AM Snack</u> Pita bread w/ hummus <u>Lunch</u> Fish stick w/ roasted sweet potato & snap peas <u>PM Snack</u> Rice cakes w/ sun butter <u>Extended Snack</u> Pepperoni & crackers	19 <u>AM Snack</u> Fruit & crackers <u>Lunch</u> Cold cuts w/ pickles & peas /carrots <u>PM Snack</u> Apple sauce & animal crackers <u>Extended Snack</u> Rice cakes w/ sun butter	20 <u>AM Snack</u> Yogurt w/ Strawberries <u>Lunch</u> Pancakes w/ strawberries & Turkey sausage <u>PM Snack</u> Celery w/ ranch & crackers <u>Extended Snack</u> Apple sauce & animal crackers	21 <u>AM Snack</u> Cereal & milk <u>Lunch</u> Turkey and Cheese rolls w/ avocado & tomato slices <u>PM Snack</u> Cheez Its & fruit <u>Extended Snack</u> Celery w/ ranch & crackers	22 <u>AM Snack</u> Pita bread w/ sun butter <u>Lunch</u> French Toast sticks w/ Turkey bacon & Blueberries <u>PM Snack</u> Pepperoni & crackers <u>Extended Snack</u> Cheez Its & fruit