

## Merryhill School Menu September 2018



	<b>_</b>			
Mon	Tue	Wed	Thu	Fri
3 SCHOOL CLOSED	4 Chicken Nuggets Peas Applesauce Milk	Cheese Sandwiches Carrots Apples Milk	5 6 Turkey Taco Salad Mixed Fruit Milk	7 BBQ Chicken Sandwich Carrot Sticks Bananas
10 Spaghetti Peas Pineapple Milk	1 <sup>7</sup> Turkey and Cheese Sandwich Celery Oranges	1 1 Cheese Quesadillas Cucumbers Peaches Milk	2 13 Macaroni and Cheese Broccoli Applesauce Milk	14 Bean and Cheese Burrito Carrots Apples
17 Chicken Nuggets Mixed Vegetables Pineapple Milk	18 Bean and Cheese Burrito Green Beans Watermelon	19 Macaroni and Chees Peas Apples Milk		21 Cheese Sandwich Carrot Sticks Bananas Milk
24 English Muffin Pizza Peas Mixed Fruit Milk	25 Spaghetti Corn Peaches Milk	Fried Rice Fried Rice Peas and Carrots Pears Milk	6 27 BBQ Chicken Sandwich Carrots Bananas	28 Chicken Nuggets Celery Apples Milk
			enu Options	
Cheerios with and milk Water	Mini Pancakes and Apples Slices Water or Juice	Saltine Crackers and Cheese Slices Water or Juice	Mini bagel with Cream Cheese Water or Juice	Rice Crispy with Milk Water
Ritz Crackers Cream Cheese and jelly / Water	Oatmeal with fruit and Milk or Water	Goldfish Crackers & Apples Water or juice	Ritz Crackers and Cream Cheese Water or Juice	Chex Mix and Fruit Juice
Hummus and Carrot Sticks Water or Juice	Cheese, Pretzels Water	Bagels with Cream Cheese and Bananas Water or Juice	Fresh Baked Muffins with Milk Water	Ritz Crackers Cheese Slices Water or Juice
Graham crackers Apples Water or Juice	Oatmeal with Cinnamon flavor Water	Oatmeal Cookies and fruit juice	Animal Cookies Applesauce Water or Juice	Yogurt and Vanilla Wafers Water or Juice
Homemade Banana Bread Water or Juice	Pancakes with Water or Juice	Fresh Veggies with Ranch Dressing Water or Juice	French Toast Sticks And Water	Yogurt with Granola or cereal Water
	he above are possible s erved with 100% fruit		t may vary from day to do *Lunch is served with m	•
Mer	ryhill School 9036 C	alvine Rd, Sacrament	o CA 95829 (916)689-7	322