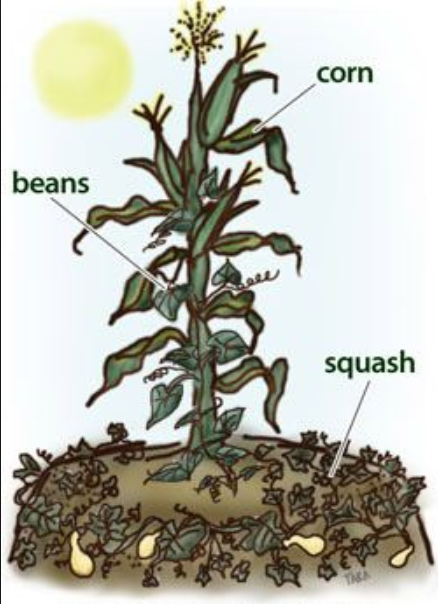
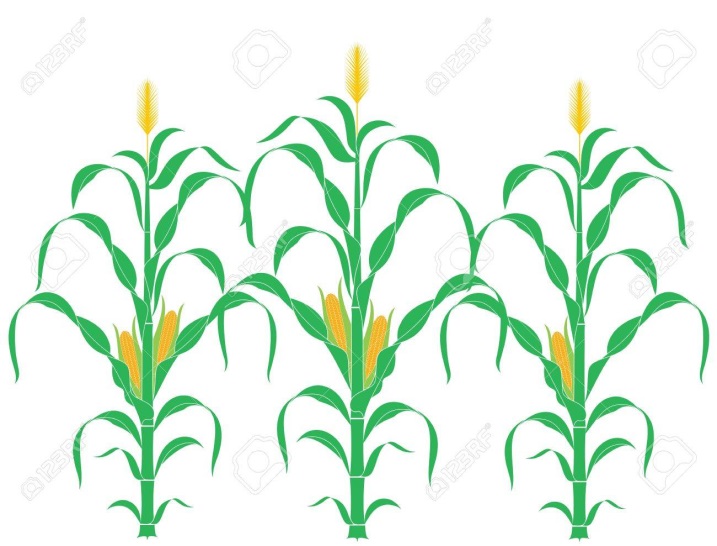
**The 3 Sisters**



Sister #1: What am I?

[](http://farmingkart.com/product/maize-seeds/)

[](https://www.123rf.com/photo_68571084_stock-vector-corn-stalk-corn.html)

[](https://www.organicfacts.net/health-benefits/cereal/health-benefits-of-corn.html)

**Sister #1**

Corn provides a natural pole for bean vines to climb.

**Sister #2: What am I?**

[](https://www.ufseeds.com/product/kentucky-wonder-pole-bean-seeds/)

.[](https://www.thespruce.com/how-to-grow-organic-peas-2540010)

[](https://thefamilydinnerproject.org/food/green-beans-with-lime/)

**Sister #2**  
Bean vines help stabilize the corn plants, making them less vulnerable to blowing over in the wind.

**Sister #3: What am I?**

[](http://www.sheknows.com/holidays-and-seasons/articles/4640/roasted-pumpkin-seeds)

[](https://ask.extension.org/questions/132733)

[](https://www.burpee.com/vegetables/squash/)

**Sister #3**

Shallow-rooted squash vines give shade and prevent the soil from evaporating.

Spiny squash plants also help discourage predators from approaching the corn and beans.