

# September

NAME: \_\_\_\_\_

| 2                             | 3                                  | 4                                      | 5                               | 6 PIZZA FRIDAY                          |
|-------------------------------|------------------------------------|--|---------------------------------|---|
|                               | AM: Cheerios & Bananas             | AM: Waffles & Syrup                    | AM: Breakfast Burrito           | AM: Fruit Salad                         |
| Labor Day                     | L: Seared Chicken & Rice           | L: Chicken Noodle Soup & Crackers      | L: Beef Casserole               | L: Cheese Pizza                         |
| School Closed                 | Zucchini                           | Celery                                 | Green Beans                     | Side Salad                              |
|                               | Peaches                            | Apples                                 | Cantaloupe                      | Pineapple                               |
|                               | PM: Graham Crackers & Cucumber     | PM: Pretzels & Cream Cheese            | PM: Pita Bread & Guacamole      | PM: Tortilla Strips & Cheese Dip        |
| 9 GRANDPARENTS DAY LUNCH      | 10                                 | 11                                     | 12                              | 13                                      |
| AM: Biscuit & Jelly           | AM: English Muffin & Sausage Patty | AM: Blueberry Muffin                   | AM: Clementine                  | AM: Pancakes & Syrup                    |
| L: Lasagna                    | L: Crispy Chicken Quesadilla       | L: Chili                               | L: Panko Chicken                | L: Spaghetti & Meatballs                |
| Garlic Bread                  | Bell Pepper                        | Cornbread                              | Tater Tots                      | Side Salad                              |
| Fresh Salad                   | Mixed Fruit                        | Berries                                | Orange Slices                   | Apricots                                |
| PM: S'mores Trail Mix         | PM: Goldfish & Apple Juice         | PM: Wheat Thins & Cheddar Cheese Cubes | PM: Carrot Sticks & Ranch Dip   | PM: Nilla Wafer & Pudding               |
| 16 MEATLESS MONDAY            | 17                                 | 18                                     | 19                              | 20                                      |
| AM: French Toast Sticks       | AM: Life Cereal                    | AM: Breakfast Bowl                     | AM: Nutri-Grain Bar             | AM: Yogurt & Berries                    |
| L: Grilled Cheese             | L: BBQ Chicken Sliders             | L: Fish Sticks                         | L: Chicken Parmesan             | L: Orecchiette                          |
| Tomato Soup                   | Steamed Carrots                    | Celery                                 | Salad                           | Kale                                    |
| Honey Dew                     | Pineapple                          | Orange Slices                          | Mango                           | Kiwi                                    |
| PM: Peaches & Graham Crackers | PM: Fig Bar                        | PM: Watermelon                         | PM: Cheese Sticks & Crackers    | PM: Applesauce & Dried Cranberry        |
| 23 MEATLESS MONDAY            | 24                                 | 25 PICNIC WEDNESDAY                    | 26                              | 27                                      |
| AM: Oatmeal                   | AM: Cinnamon Bread                 | AM: Bagels & Cream Cheese              | AM: Hash Brown & Oranges        | AM: Toast and Banana                    |
| L: Macaroni Salad             | L: Turkey Melt                     | L: Ham Sandwich                        | L: Black Bean Enchilada         | L: Beef Stir-Fry                        |
| Celery/Bell Peppers           | Tomato Soup                        | Pop Chips                              | Broccoli                        | Broccoli & Bell pepper                  |
| Melon                         | Grapefruit                         | Apple Slices                           | Pineapple                       | Mandarin Oranges                        |
| PM: Celery & Ranch Dip        | PM: Graham Crackers & Bananas      | PM: Pudding & Vanilla Wafers           | PM: Toasted Pita Bread & Hummus | PM: Tortilla strips & Guacamole         |
| 30 MEATLESS MONDAY            |                                    |  |                                 |   |
| AM: Raisin Bread & Cheese     |                                    |  |                                 | AM & PM snack is included with tuition. |
| L: Meatless lasagna           |                                    |  | Lunch is \$4 per day.           | BEVERAGES:                              |
| Spinach & Carrots             |                                    |  | Monthly cost: \$80              | AM; Milk                                |
| Peaches                       |                                    |  |                                 | Lunch: Milk                             |
| PM: Trail Mix                 |                                    |  |                                 | PM: Juice                               |

- Lunch payment is due to the school by the first of each month.
- If you will not be purchasing the entire month, please return this calendar with your choices and payment.
- We are a cash-free school for the children's safety, please make payment by check.
- Checks should be made out to Merryhill School 1323.