Merryhill School Menu
August 2022

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Cheese Ravioli w/ Spaghetti Sauce Green Beans Mixed Fruit Milk	Bean Cheese Burrito Peas and Carrots Oranges Milk	Chicken Pasta Salad Corn Pears Milk	Chicken Teriyaki & Rice Broccoli Peaches Milk	Fish Sticks Peas Apples Milk

There are no substitutions on the lunch menu due to food restrictions. If your child does not eat what is being served on a given day, you are welcome to send a lunch box with a ready to eat lunch. We recommend the use of thermos to keep food items warm and ice packs to keep items cold, need be.

The school provides morning and afternoon snack, below is a list of the items we serve. We will also have milk and water available to students as needed using disposable cups. Zippy cups that will be washed after each use will be available in the Infant and Toddler classes.

AM & PM Snack Menu Options

Cheerios with Raisins and milk Water **AM**	Mini Pancakes and Applesauce Water **AM**	Rice Krispy Cereal Milk **AM**	Mini Bagel with Cream Cheese Water **AM**	Kix Cereal with Milk **AM**
Cinnamon Toast with Banana Milk **AM**	Oatmeal with fruit Water **AM**	Yogurt with Cheerios/Granola Water **AM**	Frosted Flakes Cereal Water **AM**	Waffles with Syrup Milk **AM**
Blueberries with Yogurt Milk **AM**	Blueberry Muffins Milk **AM**	Goldfish Crackers and Bananas Water **PM**	Trail Mix Milk **PM**	Triscuits Cheese Slices Water **PM**
Graham crackers Yogurt Water **PM**	Cheese Its String Cheese Water **PM**	Pretzels w/ Raisins Water **PM**	Animal Cookies Applesauce Water **PM**	Sweet Potato Crackers Water **PM**
Hummus with Wheat Crackers Water **PM**	Saltine Crackers and Cheese Slices Water **PM**	Veggies Crackers Water **PM**	Goldfish Pretzels Water **PM**	Ritz Crackers and Apple Slices Water **PM**

*The above are possible snack combinations, but may vary from day to day.
*All snacks are served with water *Lunch is served with milk and/or water
*100% juice may be served instead of fruit **IF** fresh fruit is not available

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