

## P.E. SPORTS & S.E.L. THEMES & TOPICS

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(ALL SCHEDULES SUBJECT TO CHANGE\*)

### AUGUST

Soccer - *Teamwork & Tolerance*

### SEPTEMBER

Flag Football - *Safety Hazards, Conflict Resolution & Problem Solving*

### OCTOBER

Kickball - *Healthy Habits*

### NOVEMBER

Basketball - *Personal Hygiene & Illness Prevention*

### DECEMBER

Dodgeball - *Empathy & Kindness*

### JANUARY

Volleyball - *Goal Setting, Success Iceberg*

### FEBRUARY

Pickleball - *Emotion Management, Mental Health Checks*

### MARCH

Baseball - *Healthy Eating & Nutrition Month*

### APRIL

Handball/Lacrosse - *Social Media & Addictions*

### MAY

Fitness Month - *National Fitness Month, **FIELD DAY!***

Floor Hockey

Ultimate Frisbee

Speedball

Disc Golf

Four Square