



Merryhill School Menu

January 2024



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Vegetable Soup Crackers Pears Milk	Chicken Nuggets Corn Applesauce Milk	Alfredo Noodles Mixed Vegetables Apples Milk	Chicken and Mashed Potatoes with Gravy Mixed Fruit Milk	Sunbutter and Jelly Carrots Bananas Milk

There are no substitutions on the lunch menu due to food restrictions. If your child does not eat what is being served on a given day, you are welcome to send a lunch box with a ready to eat lunch. We recommend the use of thermos to keep food items warm and ice packs to keep items cold, need be.

The school provides morning and afternoon snack, below is a list of the items we serve. We will also have milk and water available to students as needed using disposable cups. Sippy cups that will be washed after each use will be available in the Infant and Toddler classes.



AM & PM Snack Menu Options

Waffles with Syrup Milk AM	Mini Pancakes and Applesauce Water AM	Cereal and Milk AM	Mini Bagel with Cream Cheese Water AM	Cinnamon Toast Milk AM
English Muffin with Jelly Milk AM	Oatmeal with fruit Water AM	Yogurt with Cheerios/Granola Water AM	Frosted Flakes Cereal Water AM	Waffles with Syrup Milk AM
Blueberries with Yogurt Milk AM	Blueberry Muffins Milk AM	String Cheese and Ritz Crackers Water PM	Baby Carrots with Ranch Water PM	Wheat Wafer Crack- ers Water PM
Biscuits and Gravy Water PM	Cheese Its Water PM	Pretzels w/ Raisins Water PM	Animal Crackers Water PM	Sweet Potato Crackers Water PM
Graham Crackers Applesauce Water PM	Saltine Crackers and Sunbutter Water PM	Veggies Crackers Water PM	Goldfish Water PM	Ritz Crackers and Apple Slices Water PM

*The above are possible snack combinations, but may vary from day to day.

*All snacks are served with water *Lunch is served with milk and/or water

*100% juice may be served instead of fruit IF fresh fruit is not available