



January Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
AM Snack	CLOSED	Bagels, Cream Cheese & Water	Muffins & Water	Waffles, Sun Butter & Water	Cereal & Milk
PM Snack	CLOSED	Grahams, Applesauce & Water	Turkey, Crackers & Water	Guacamole, Ritz & Water	Apple Slices, Cheese Cubes & Water
	8	9	10	11	12
AM Snack	Blueberries, Yogurt & Water	Fig bars & Apple Juice	English Muffins, Sun Butter & Water	Cereal & Milk	Grahams, Sun Butter & Water
PM Snack	String Cheese, Animal Cracker & Water	Bananas, Vanilla Wafers & Water	Blueberries, Grahams & Water	Salsa, Ritz & Water	Hummus, Veggie Cracker & Water
	15	16	17	18	19
AM Snack	CLOSED	Waffles, Sun Butter & Water	Yogurt, Granola & Water	Eggs, Bread & Water	Bananas, Animal Crackers & Water
PM Snack	CLOSED	Goldfish, String Cheese & Water	Blueberries, Grahams & Water	Cheez-It, Apple Slices & Water	Turkey, Pretzels & Water
	22	23	24	25	26
AM Snack	Yogurt, Granola & Water	English Muffins, Jelly & Water	Cereal & Milk	Blueberry Muffins & Water	Bagels, Cream Cheese & Water
PM Snack	Sun Butter, Grahams & Water	Hummus, Ritz & Water	Applesauce, String Cheese & Water	Chewy Granola Choco Chip Bar & Water	Salsa, Saltines & Water
	29	30	31		
AM Snack	Fig Bar & Water	Pancakes, Sun Butter & Water	Yogurt, Cereal & Water		
PM Snack	String Cheese, Animal Cracker & Water	Goldfish, Apple Slices & Water	Saltines Cracker, Turkey & Water		