

## Merryhill School Menu March 2024



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Grilled Cheese Sandwich Mixed Vegetables Mixed Fruit Milk	Bean and Cheese Burrito Carrots Apples Milk	Chicken n Dumplings Corn Bananas Milk	Pizza Pocket Salad Oranges Milk	Turkey Tacos Spanish Rice Applesauce Milk

There are no substitutions on the lunch menu due to food restrictions. If your child does not eat what is being served on a given day, you are welcome to send a lunch box with a ready to eat lunch. We recommend the use of thermos to keep food items warm and ice packs to keep items cold, need be.

The school provides morning and afternoon snack, below is a list of the items we serve. We will also have milk and water available to students as needed using disposable cups. Sippy cups that will be washed after each use will be available in the Infant and Toddler classes.



Waffles with Syrup Milk	AM & PM Snack Menu Options						
AM A	Waffles with Syrup	Mini Pancakes and	Cereal and Milk	Mini Bagel with	Cinnamon Toast		
AMAMAMAMEnglish Muffin with Jelly MilkOatmeal with fruit WaterYogurt with Cheerios/Granola WaterFrosted Flakes Cereal Waffles with Syrup MilkBlueberries with Yogurt MilkBlueberry Muffins MilkString Cheese and Ritz Crackers WaterBaby Carrots with Ranch WaterWheat Wafer Crackers ers WaterBiscuits and Gravy WaterCheese Its WaterPretzels w/ Raisins WaterAnimal Crackers WaterSweet Potato Crackers WaterPMPMPMPMGraham Crackers ApplesauceSaltine Crackers and SunbutterVeggies Crackers WaterGoldfish WaterRitz Crackers and Apple Slices	Milk	Applesauce		Cream Cheese	Milk		
English Muffin with Jelly Water  AM AM Blueberries with Yogurt Milk  Biscuits and Gravy Water  Biscuits and Gravy Water  PM Graham Crackers Applesauce  English Muffin with Jelly Water  AM A		Water		Water			
Jelly   Milk   Water   Cheerios/Granola   Water   Milk   Water   AM   AM   AM   AM   AM   AM   AM   A		AM					
Milk  Blueberries with Yogurt Milk  Biscuits and Gravy Water  Man Am  Biscuits and Gravy Water  PM  Graham Crackers Applesauce  Milk  Milk  Blueberry Muffins Milk  Blueberry Muffins Milk  String Cheese and Ritz Crackers Water  Baby Carrots with Ranch Water  Water  Water  PM  PM  PM  PM  PM  PM  PM  PM  PM  P	English Muffin with	Oatmeal with fruit		Frosted Flakes Cereal	Waffles with Syrup		
Blueberries with Yogurt Milk Blueberry Muffins Milk Ritz Crackers Water Water Water Water Water Water Water PM	Jelly	Water	Cheerios/Granola	Water	Milk		
Blueberries with Yogurt Milk String Cheese and Ritz Crackers Water Applesauce Water Water Water Water Water Water Water Water Water Apple Slices	Milk		Water				
Yogurt Milk Ritz Crackers Water Water  AM PM PM PM PM PM  Biscuits and Gravy Water  Cheese Its Water  Water  Pretzels w/ Raisins Water  Pretzels w/ Raisins Water  Sweet Potato Crackers Water  Crackers Water  PM PM PM PM  Graham Crackers Saltine Crackers and Applesauce  Sunbutter  Veggies Crackers Water  Ranch Water  PM PM PM  PM PM  PM PM  Ritz Crackers and Apple Slices		AM	AM	AM			
Milk  AM  Biscuits and Gravy Water  Cheese Its Water  Pretzels w/ Raisins Water  Pretzels w/ Raisins Water  Animal Crackers Water  Sweet Potato Crackers Water  PM  PM  PM  PM  PM  PM  PM  PM  Graham Crackers Applesauce  Saltine Crackers and Apple Slices  Water  Water  PM  PM  PM  PM  PM  PM  PM  PM  PM  P	Blueberries with	Blueberry Muffins	String Cheese and	Baby Carrots with	Wheat Wafer Crack-		
Biscuits and Gravy Water  Cheese Its Water  Pretzels w/ Raisins Water  Animal Crackers Water  Sweet Potato Crackers Water  PM PM PM PM PM  Graham Crackers Saltine Crackers and Applesauce  Sunbutter  Veggies Crackers Water  PM P	Yogurt	Milk	Ritz Crackers	Ranch	ers		
Biscuits and Gravy Water  Cheese Its Water  Pretzels w/ Raisins Water  Animal Crackers Water  Sweet Potato Crackers Water  Water  PM  PM  PM  Graham Crackers Saltine Crackers and Applesauce  Sunbutter  Veggies Crackers Water  Pod PM  PM  PM  PM  PM  PM  PM  Apple Slices	Milk		Water	Water	Water		
Biscuits and Gravy Water  Cheese Its Water  Pretzels w/ Raisins Water  Animal Crackers Water  Sweet Potato Crackers Water  PM PM PM  Graham Crackers Saltine Crackers and Applesauce  Sunbutter  Veggies Crackers Water  Ritz Crackers and Apple Slices	AM	AM	PM	PM			
PM P	Biscuits and Gravy	Cheese Its	Pretzels w/ Raisins	Animal Crackers	Sweet Potato		
PMPMPMPMGraham Crackers ApplesauceSaltine Crackers and SunbutterVeggies Crackers WaterGoldfish WaterRitz Crackers and Apple Slices	Water	Water	Water	Water	Crackers		
Graham Crackers   Saltine Crackers and Applesauce   Sunbutter   Veggies Crackers   Goldfish   Ritz Crackers and Apple Slices   Apple Slices					Water		
Graham Crackers   Saltine Crackers and Applesauce   Sunbutter   Veggies Crackers   Goldfish   Ritz Crackers and Apple Slices   Apple Slices							
Graham Crackers   Saltine Crackers and Applesauce   Sunbutter   Veggies Crackers   Goldfish   Ritz Crackers and Apple Slices   Apple Slices	PM			PM			
	Graham Crackers	Saltine Crackers and	Veggies Crackers	Goldfish	Ritz Crackers and		
Water   Water   Water	Applesauce	Sunbutter	Water	Water	Apple Slices		
1	Water	Water			Water		
PM PM PM PM PM	PM	РМ	РМ	PM	РМ		