## Merryhill School Menu July 2025

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Grilled Cheese Peas Applesauce Milk	Fish Sticks Mixed Veggies Pears Milk	Chicken Alfredo Pasta Broccoli Banana Milk	Cheese Pizza Salad w/ Dressing Apple Slices Milk	Chef's Choice Milk

There are no substitutions on the lunch menu due to food restrictions. If your child does not eat what is being served on a given day, you are welcome to send a lunch box with a ready to eat lunch. We recommend the use of thermos to keep food items warm and ice packs to keep items

The school provides morning and afternoon snack, below is a list of the items we serve. We will also have milk and water available to students as needed using disposable cups.



AM & PM Snack Menu Options					
Waffles & Fruit	Pancakes & Apples	Cereal w/ Milk	Mini Bagel w/ Cream	Hash Browns w/	
Water	Water		Cheese	Ketchup	
vvacci			Water	Water	
АМ	AM	AM	AM	AM	
Toast w/ Jelly and	Fig Bar & Apricots	Yogurt Parfait	English Muffin w/ Jelly	Muffins	
Cream Cheese	Water	Water	Water	Milk	
Water					
AM	AM	AM	AM	AM	
Scrambled Eggs &	French Toast &	Biscuits and Gravy	Oatmeal w/ Fruit and	String Cheese & Ritz	
Turkey Sausage	Strawberries	Water	Raisins	Crackers	
Milk	Milk		Water	Water	
AM	AM	AM	AM	AM	
Saltine Crackers &	Cheese Its & Veggie	Soft Pretzels & Pear	Animal Crackers &	Sweet Potato	
Cheese Slices	Water	Water	Fruit	Crackers & Banana	
Water	PM	PM	Water	Water	
PM	1 181	1 141	PM	PM	
Graham Crackers &	Vanilla Wafers &	Veggies Crackers &	Goldfish and Banana	Veggie Straws &	
Sun Butter	Banana Pudding	Peaches	Water	Applesauce	
Water	Water	Water		Water	
PM	PM	PM	PM	PM	

<sup>\*</sup>The above are possible snack combinations, but may vary from day to day.

Merryhill School 1901 Danbrook Dr, Sacramento CA 95835 (916) 285--8656

<sup>\*</sup>AM snack is served at 9:30am \* PM snack is served at 3:15pm