



July Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
AM Snack		Pancakes, Jelly & Water	Eggs, Bread & Water	Fruit & Yogurt Smoothie	SCHOOL CLOSED
PM Snack		Pretzels, String Cheese & Water	Grahams, Cream Cheese, Mini Choco Chip, & Water	Craisins, Gold Fish Crackers & Water	SCHOOL CLOSED
	7	8	9	10	11
AM Snack	Garahams, Blueberries Water	Yogurt, Granola & Water	English Muffins, Jelly & Water	Cereal & Milk	Waffles, Strawberries & Water
PM Snack	String Cheese, Cracker & Water	Cheez-It, Apple Slices & Water	Bananas, Grahams & Water	Veggie Straw, Hummus & Water	Rice Cakes, Sun Butter & Water
	14	15	16	17	18
AM Snack	Blueberry Muffins & Water	Egg, Bread & Water	Cereal & Milk	Mango, Pancakes & Water	Yogurt, Blueberries & Water
PM Snack	Salsa, Ritz & Water	Goldfish, String Cheese & Water	Blueberries, Crackers & Water	Cheez-It, Applesauce & Water	Sun Butter & Jelly Sandwiches & Water
	21	22	23	24	25
AM Snack	Fruit & Yogurt Smoothie	Rice Cakes, Sun Butter & Water	Blueberry Muffins & Water	Cereal & Milk	Bagels, Cream Cheese & Water
PM Snack	Pretzels, Craisins & Water	Hummus, Ritz & Water	Shredded Carrots, Ranch, Crackers, & Water	Salsa, Saltines & Water	String Cheese, Apple slices & Water
	28	29	30	31	
AM Snack	Blueberries, Grahams & Water	Yogurt, Cereal & Water	Strawberries, Pancakes & Water	Egg, Bread & Water	
PM Snack	Raisins, String Cheese & Water	Mango, Animal Crackers & Water	Veggie Straws, Hummus & Water	Apple Slices, Ritz & Water	