



# July Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		Pancakes, Jelly & Water <b>1</b>	Eggs, Bread & Water <b>2</b>	Fruit & Yogurt Smoothie <b>3</b>	SCHOOL CLOSED <b>4</b>
PM Snack		Pretzels, String Cheese & Water	Grahams, Cream Cheese, Mini Choco Chip, & Water	Craisins, Gold Fish Crackers & Water	SCHOOL CLOSED
AM Snack	Garahams, Blueberries Water <b>7</b>	Yogurt, Granola & Water <b>8</b>	English Muffins, Jelly & Water <b>9</b>	Cereal & Milk <b>10</b>	Waffles, Strawberries & Water <b>11</b>
PM Snack	String Cheese, Cracker & Water	Cheez-It, Apple Slices & Water	Bananas, Grahams & Water	Veggie Straw, Hummus & Water	Rice Cakes, Sun Butter & Water
AM Snack	Blueberry Muffins & Water <b>14</b>	Egg, Bread & Water <b>15</b>	Cereal & Milk <b>16</b>	Mango, Pancakes & Water <b>17</b>	Yogurt, Blueberries & Water <b>18</b>
PM Snack	Salsa, Ritz & Water	Goldfish, String Cheese & Water	Blueberries, Crackers & Water	Cheez-It, Applesauce & Water	Sun Butter & Jelly Sandwiches & Water
AM Snack	Fruit & Yogurt Smoothie <b>21</b>	Rice Cakes, Sun Butter & Water <b>22</b>	Blueberry Muffins & Water <b>23</b>	Cereal & Milk <b>24</b>	Bagels, Cream Cheese & Water <b>25</b>
PM Snack	Pretzels, Craisins & Water	Hummus, Ritz & Water	Shredded Carrots, Ranch, Crackers, & Water	Salsa, Saltines & Water	String Cheese, Apple slices & Water
AM Snack	Blueberries, Grahams & Water <b>28</b>	Yogurt, Cereal & Water <b>29</b>	Strawberries, Pancakes & Water <b>30</b>	Egg, Bread & Water <b>31</b>	
PM Snack	Raisins, String Cheese & Water	Mango, Animal Crackers & Water	Veggie Straws, Hummus & Water	Apple Slices, Ritz & Water	