



July Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		1 Cooks Choice	2 Yogurt w/ Fruit	3 Pancakes and Sausage	4 CLOSED
Lunch		Spaghetti & Meat Sauce with Broccoli & Diced Peaches	Soft Chicken & Cheese Tacos, Corn, and Mixed Fruit	Mac & Cheese, Green Beans, & Pineapple	
PM Snack		Nilla Wafers w/ Fruit	Cucumbers w/ Ranch	Crackers and Cheese Sticks	
AM Snack	7 Biscuits w/ Jelly	8 Cottage Cheese and Oranges	9 Cinnamon Rolls w/ Milk	10 Cheerios w/ Milk	11 Cheese Toast
Lunch	Turkey & Cheese Sandwich, Pickles, and Applesauce	Teriyaki Meatballs with Rice, Green Beans & Peaches	Orange Chicken with Rice, Mixed Veggie, & Mixed Fruit	Chicken Alfredo, Broccoli, and Pineapple	Dino Nuggets, Broccoli, and Applesauce
PM Snack	Pretzels w/ Cheese	Carrots w/ Hummus	Pita Bread & Jelly	Emoji Crackers and Pineapple	Veggie Straws w/ Fruit
AM Snack	14 Cinnamon Chex w/ Milk	15 Bagels w/ Cream Cheese	16 Nutrigrain Bar and Milk	17 Yogurt w/ Fruit	18 Waffles w/ Syrup
Lunch	Swedish Meatballs with Pasta, Green Beans, and Applesauce	Soft Tacos, Corn, and Pineapple	Chicken Marinara, Mixed Veggies, and Mixed Fruit	Shepherd's Pie, Corn and Diced Peaches	Chicken Nuggets with Mixed Veggie & Oranges
PM Snack	Goldfish and Oranges	Crackers w/ Sun Butter	Cinnamon Tortillas w/ Milk	Broccoli and Hummus	Cucumbers w/ Ranch
AM Snack	21 Muffins and Milk	22 Biscuits and Sausage	23 Pancakes w/ Syrup	24 French Toast Sticks	25 Cheerios w/ Milk
Lunch	Chicken & Cheese Quesadilla, Corn, and Oranges	Spaghetti w/ Meat Sauce, Broccoli, and Diced Peaches	Chicken Fried Rice, Mixed Veggies, and Mixed Fruit	Mac & Cheese, Green Beans, and Applesauce	Dino Nuggets, Mixed Veggie, and Pineapple
PM Snack	Cooks Choice	Trail Mix	Nilla Wafers w/ Pudding	Veggie Straw w/ Fruit	Crackers w/ Sun Butter
AM Snack	28 Graham Crackers w/ Cream Cheese	29 Yogurt w/ Fruit	30 Nutrigrain Bar and Milk	31 Muffins and Bananas	
Lunch	Baked Ziti w/ Meatballs, Broccoli, and Mixed Fruit	Sweet & Sour Chicken w/ Rice, Veggies, and Pineapple	Chicken & Cheese Soft Tacos, Corn, and Peaches	BBQ Meatballs w/ Mash Potatoes, Corn, and Applesauce	
PM Snack	Carrots w/ Hummus	Cinnamon Tortillas w/ Milk	Broccoli and Hummus	Crackers and Cheese Sticks	

Menu is subject to change