



September Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Closed for Labor Day	1 Cinnamon Roll w/ Milk	3 Cheese Toast	4 Bagels w/ Cream Cheese	5 Muffins and Milk
Lunch		Beef and Cheese Soft Taco, Corn, and Peaches	Chicken Alfredo, Broccoli, and Pineapple	BBQ Meatballs with Mashed Potatoes, Green Beans, and Applesauce	Chicken Nuggets, Mixed Vegetables, Oranges
PM Snack		Cucumbers w/ Ranch	Crackers and Jelly	Broccoli and Hummus	Goldfish and Oranges
AM Snack	8 Chex Cereal w/ Milk	9 Oatmeal and Blueberries	10 Pancakes and Sausage	11 Yogurt and Peaches	12 French Toast Sticks w/ Milk
Lunch	Spaghetti and Meat Sauce, Broccoli, and Peaches	Mac and Cheese, Green Beans, and Pineapple	Swedish Meatballs with Pasta, Mixed Vegetables, and Applesauce	General Tso Chicken with Rice, Broccoli, and Oranges	Dino Nuggets, Corn, and Mixed Fruit
PM Snack	Emoji Crackers and Pineapple	Pita Bread w/ Jelly	Cinnamon Tortillas w/ Milk	Crackers and Sun Butter	Pretzels w/ Cheese
AM Snack	15 Waffles w/ Syrup	16 Bagels w/ Cream Cheese	17 Cereal Bar w/ Milk	18 Kix Cereal and Banana	19 Biscuits and Jelly
Lunch	Teriyaki Meatballs with Rice, Green Beans, and Peaches	Chicken and Cheese Quesadilla, Corn, and Oranges	Turkey and Cheese Sandwiches, Pickles, and Applesauce	Baked Ziti Meatball, Mixed Vegetables, and Mixed Fruit	Chicken Tenders, Broccoli, and Pineapple
PM Snack	Graham Crackers w/ Sun Butter	Cinnamon Torrillas w/ Milk	Cucumbers w/ Ranch	Goldfish and Oranges	Graham Crackers and Cream Cheese
AM Snack	22 Cheese Toast	23 Yogurt w/ Blueberries	24 Cinnamon Roll w/ Milk	25 Toast w/ Jelly	26 Oatmeal and Blueberries
Lunch	Soft Chicken and Cheese Tacos, Corn, and Mixed Fruit	Spaghetti with Meat Sauce, Green Beans, and Pineapple	Sweet and Sour Chicken with Rice, Mixed Vegetables, and Oranges	Chicken Parmesan Pasta, Broccoli, and Pineapple	Chicken Marinara, Mixed Vegetables, Mixed Fruit
PM Snack	Apple Slices w/ Sun Butter	Carrots w/ Ranch	Crackers and Cheese	Nilla Wafers and Pudding	Broccoli and Hummus
AM Snack	29 Cereal w/ Milk	30 Graham Crackers w/ Cream Cheese			
Lunch	Chicken Nuggets, Mixed Vegetables, and Oranges	Mac and Cheese, Green Beans, and Pineapple			
PM Snack	Ritz and Pepperoni	Cucumbers w/ Ranch			

Menu is subject to change