



September Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1	2	3	4	5
Lunch	School Closure	Sausage & Tortellini Soup w/ Veggies	Spaghetti In Marinara w/ Cheesy Bread Sticks	English Muffin Pizza w/ Salad & Fruit	Cucumber Sandwich & Fruit
PM Snack		Graham Crackers & Apple Sauce	Honey Dew & Sweet Potato Crackers	Pita Bread & Hummus	Ritz Crackers & Pepperoni
Ext. Snack		Honey Dew & Sweet Potato Crackers	Graham Crackers & Apple Sauce	Ritz Crackers & Pepperoni	Pita Bread & Hummus
AM Snack	8	9	10	11	12
Lunch	Bagels w/ Cinnamon Cream Cheese	Yogurt w/ Granola & Bananas	Smoothie & Waffles	Muffins & Bananas	Nutrigrain Bars & Milk
PM Snack	French Toast w/ Turkey Sausage & Fruit	Enchilada Casserole & Fruit	Chicken Alfredo Pasta w/ Garlic Bread & Veggies	BBQ Chicken w/ Rice & Veggies	Grilled Cheese w/ Tomato Soup & Veggies
Ext. Snack	Bananas & Crackers	Pirate Booty & Cheese	Yogurt & Fruit	Saltines w/ Apple Butter & Orange Juice	Mixed Fruit & Crackers
Ext. Snack	Pirate Booty & Cheese	Mixed Fruit & Crackers	Bananas & Crackers	Cucumbers w/Ranch & Cheez-Its	Saltines w/ Apple Butter & Orange Juice
AM Snack	15	16	17	18	19
Lunch	Baked Bananas & Crackers	Biscuits & Orange Juice	Cornbread & Fruit	Yogurt w/ Fruit & Granola	Cereal w/ Milk
PM Snack	Early Dismissal @ 11:30am	Teriyaki Chicken w/Rice and Veggies	Chicken Nuggets w/ Tots & Fruit	Beefy Taco Cups w/Corn & Fruit	Mac & Cheese w/ Green Beans & Biscuits
Ext. Snack		Baked Tortillas & Cream Cheese	Rice Cakes & Sunbutter	Cheez-its & Pepperoni	Pita Bread & Hummus
Ext. Snack		Pita Bread & Hummus	Cheez-its & Pepperoni	Tortilla Chips & Cream Cheese	Rice Cakes & Sunbutter
AM Snack	22	23	24	25	26
Lunch	Muffins & Milk	Nutrigrain Bars & Milk	Bagels & Cream Cheese	Yogurt & Fruit	Waffles & Berries
PM Snack	Sloppy Joes w/ Beans & Fruit	Beef Ravioli w/ Cheesy Bread Sticks	Pizza Fundraiser 	Arroz Con Pollo w/ Mixed Veggies & Fruit	Breakfast Sandwich & Fruit
Ext. Snack	Peaches & Sweet Potato Crackers	Graham Crackers & Apple Sauce	Pita Bread & Hummus	Milk & Soft Cookies	Ritz Crackers & Pepperoni
Ext. Snack	Fruit & Crackers	Pita Bread & Hummus	Peaches & Sweet Potato Crackers	Ritz Crackers & Pepperoni	Graham Crackers & Apple Sauce
AM Snack	29	30	1	2	3
Lunch	French Toast Sticks w/Milk	Nutrigrain Bars and Fruit	Cereal w/ Milk	Pancakes & Milk	Nutrigrain Bars & Milk
PM Snack	Cheese Burgers w/ Tots & Fruit	French Toast w/ Turkey Sausage & Fruit	Popcorn Chicken, Mixed Veggies & Fruit	Spaghetti & meatsauce w/ Garlic Bread & Veggies	BBQ Chicken w/ Rice & Veggies
Ext. Snack	Pirate Booty & Cheese	Mango & Yogurt	Saltine Crackers & Apple Butter	Nilla Wafers & Fruit	Pears & Crackers
Ext. Snack	Mango & Yogurt	Pears & Crackers	Pirate Booty & Cheese	Saltine Crackers w/ Apple Butter & Fruit	Nilla Wafers & Fruit

Menu is subject to change