

## **November Menu**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					
PM Snack					
AM Snack	IApplesauce Granams Water □	4 Apple Slices, Sunbutter, Pancakes, Water	5 Cereal & Milk, Water	6 Bagels, Avocado Spread, Water	7 Yogurt, Granola, Water
PM Snack	•	Fruit & Veggie Smoothies, Fig Bars, Water	Blueberries, Goldfish Crackers, Water	Oranges, Pretzels, Water	Carrots, Hummus, Sweet Potato Crackers, Water
	10	11	12	13	14
AM Snack	Bagels, Avocado Spread, Water	ICLOSED	Fruit & Veggie Smoothies, Grahams, Water	Strawberries, Yogurt, Granola, Water	Blueberry Muffins, Bananas, Water
PM Snack	Apple Slices, Goldfish Crackers, Water	CLOSED	Bell Peppers, Hummus, Pretzels, Water	Cheese, Crackers, Raisins, Water	Turkey & Cream Cheese Pinwheels, Water
	17	18	19	20	21
AM Snack		Blueberries, Yogurt, Granola, Water	Applesauce, Grahams, Water	Cereal & Milk, Water	Fruit & Veggie Smoothies, Cheerios, Water
PM Snack	Carrots, Hummus, Veggie Straws, Water	Turkey, Cheese, Crackers, Water	Oranges, Sunchips, Water	Broccoli, Ranch, Sweet Potato Crackers, Water	Apple Slices, Goldfish Crackers, Water
	24	25	26	27	28
AM Snack	IC ereal & Milk Water	Fruit & Veggie Smoothies, Graham Crackers, Water	Bagels, Avocado Spread, Water	CLOSED	CLOSED
PM Snack	Oranges, Pretzels, Water	Bell Peppers, Hummus, Cheez Its, Water	Apple Slices, Cornbread, Water	CLOSED	CLOSED