



January Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				1	2
Lunch				CLOSED	French Toast w/ Milk
PM Snack					Dino Nuggets w/ Mixed Veggies and Fruit
					Pirates Booty w/ Fruit
AM Snack	5	6	7	8	9
	Yogurt w/ Graham Crackers	Cinnamon Rolls w/ Milk	Muffins w/ Milk	Cottage Cheese w/ Mandarin Oranges	Biscuits w/ Jelly
Lunch	Chicken and Cheese Quesadilla w/ Corn and Fruit	Spaghetti and Meat Sauce w/ Broccoli and Fruit	Mac and Cheese w/ Green Beans and Fruit	Parmesan Chicken Pasta with Broccoli and Seasonal Fruit	Chicken Nuggets w/ Mixed Veggies and Mixed Fruit
PM Snack	Apples w/ Sun Butter	Crackers w/ Pepperoni	Cucumbers w/ Hummus	Pita w/ Hummus	Graham Crackers w/ Sun Butter
AM Snack	12	13	14	15	16
	Pancakes w/ Banana	Cottage Cheese w/ Mandarin Oranges	Oatmeal w/ Blueberries	Oatmeal w/ Mango	Bagels w/ Cream Cheese
Lunch	Chicken Alfredo with Broccoli and Fruit	Ranch Chicken and Cheese Wrap with Veggies and Seasonal Fruit	Beef and Cheese Soft Tacos w/ Corn and Fruit	Swedish Meatball Pasta w/ Mixed Veggies and Fruit	Dino Nuggets w/ Mixed Veggies and Fruit
PM Snack	Cinnamon Tortillas w/ Milk	Pretzels w/ Cheese	Pirates Booty w/ Fruit	Goldfish and Bananas	Bell Peppers w/ Hummus
AM Snack	19	20	21	22	23
	CLOSED	Waffles w/ Syrup and Milk	Biscuits w/ Jelly	Cinnamon Rolls w/ Milk	Cheese Toast
Lunch		Spaghetti and Meat Sauce w/ Broccoli and Fruit	Chicken and Cheese Soft Tacos with Veggies and Fruit	Mac and Cheese w/ Green Beans and Fruit	Chicken Nuggets w/ Mixed Veggies and Mixed Fruit
PM Snack		Crackers, Cheese, and Pepperoni	Cucumbers w/ Hummus	Apples w/ Sun Butter	Crackers w/ Cheese
AM Snack	26	27	28	29	30
	Oatmeal w/ Blueberries	Bagels w/ Cream Cheese	Pancakes w/ Banana	Toast w/ Jelly	Waffles w/ Syrup and Milk
Lunch	Beef and Cheese Soft Tacos with Corn and Fruit	BBQ Meatballs, Mashed Potatoes, Green Beans, and Fruit	Ranch Chicken and Cheese Wrap w/ Corn and Fruit	Swedish Meatball Pasta w/ Mixed Veggies and Fruit	Dino Nuggets w/ Mixed Veggies and Fruit
PM Snack	Pita w/ Hummus	Goldfish and Oranges	Pretzels w/ Cheese	Cinnamon Tortillas w/ Milk	Crackers w/ Pepperoni

