



January Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				CLOSED	2
Lunch					Dino Nuggets w/ Mixed Veggies and Fruit
PM Snack					Pirates Booty w/ Fruit
AM Snack	5 Yogurt w/ Graham Cracker	6 Cinnamon Rolls w/ Milk	7 Muffins w/ Milk	8 Cottage Cheese w/ Mandarin Oranges	9 Biscuits w/ Jelly
Lunch	Chicken and Cheese Quesadilla w/ Corn and Fruit	Spaghetti and Meat Sauce w/ Broccoli and Fruit	Mac and Cheese w/ Green Beans and Fruit	Parmesan Chicken Pasta with Broccoli and Seasonal Fruit	Chicken Nuggets w/ Mixed Veggies and Mixed Fruit
PM Snack	Apples w/ Sun Butter	Crackers w/ Pepperoni	Cucumbers w/ Hummus	Pita w/ Hummus	Graham Crackers w/ Sun Butter
AM Snack	12 Pancakes w/ Banana	13 Cottage Cheese w/ Mandarin Oranges	14 Oatmeal w/ Blueberries	15 Oatmeal w/ Mango	16 Bagels w/ Cream Cheese
Lunch	Chicken Alfredo with Broccoli and Fruit	Ranch Chicken and Cheese Wrap with Veggies and Seasonal Fruit	Beef and Cheese Soft Tacos w/ Corn and Fruit	Swedish Meatball Pasta w/ Mixed Veggies and Fruit	Dino Nuggets w/ Mixed Veggies and Fruit
PM Snack	Cinnamon Tortillas w/ Milk	Pretzels w/ Cheese	Pirates Booty w/ Fruit	Goldfish and Bananas	Bell Peppers w/ Hummus
AM Snack	19 CLOSED	20 Waffles w/ Syrup and Milk	21 Biscuits w/ Jelly	22 Cinnamon Rolls w/ Milk	23 Cheese Toast
Lunch		Spaghetti and Meat Sauce w/ Broccoli and Fruit	Chicken and Cheese Soft Tacos with Veggies and Fruit	Mac and Cheese w/ Green Beans and Fruit	Chicken Nuggets w/ Mixed Veggies and Mixed Fruit
PM Snack		Crackers, Cheese, and Pepperoni	Cucumbers w/ Hummus	Apples w/ Sun Butter	Crackers w/ Cheese
AM Snack	26 Oatmeal w/ Blueberries	27 Bagels w/ Cream Cheese	28 Pancakes w/ Banana	29 Toast w/ Jelly	30 Waffles w/ Syrup and Milk
Lunch	Beef and Cheese Soft Tacos with Corn and Fruit	BBQ Meatballs, Mashed Potatoes, Green Beans, and Fruit	Ranch Chicken and Cheese Wrap w/ Corn and Fruit	Swedish Meatball Pasta w/ Mixed Veggies and Fruit	Dino Nuggets w/ Mixed Veggies and Fruit
PM Snack	Pita w/ Hummus	Goldfish and Oranges	Pretzels w/ Cheese	Cinnamon Tortillas w/ Milk	Crackers w/ Pepperoni

