



January Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
AM Snack					Cheerios, Pineapple, and Milk
Lunch				CLOSED	Dino Nuggets, Mixed Veggies, Mixed Fruit, and Milk
PM Snack					Goldfish and Apples
	5	6	7	8	9
AM Snack	Corn Chex, Mango, and Milk	Waffles, Sausage, and Milk	Muffins and Milk	Bagels with Jelly and Milk	Kix Cereal, Pears, and Milk
Lunch	Chicken and Cheese Quesadilla, Corn, Fruit, and Milk	Spaghetti with Meat Sauce, Broccoli, Fruit, and Milk	Mac and Cheese, Green Beans, Fruit, and Milk	Chicken Parmesan Pasta, Broccoli, Seasonal Fruit, and Milk	Chicken Nuggets, Mixed Veggies, Mixed Fruit, and Milk
PM Snack	Breadsticks and Marinara	Chocolate Chip Cookies and Pineapple	Apples and Cheese Sticks	Orange Jello and Vanilla Wafers	Trail Mix
	12	13	14	15	16
AM Snack	Cheerios, Peaches, and Milk	Cinnamon Rolls, Pears, and Milk	Bagels with Jelly and Milk	Muffins and Milk	Corn Chex, Apples, and Milk
Lunch	Chicken Alfredo, Broccoli, Seasonal Fruit, and Milk	Chicken Cheese and Ranch Wrap, Mixed Veggies, and Seasonal Fruit	Beef and Cheese Soft Tacos, Corn, Fruit, and Milk	Swedish Meatball Pasta, Mixed Veggies, Fruit, and Milk	Dino Nuggets, Mixed Veggies, Mixed Fruit, and Milk
PM Snack	Pretzels and Cheese Sauce	Chips and Salsa or Crackers and Mandarin Oranges	Gold Fish and Pineapple	Pita Bread with Jelly	Crackers and Cheese Sticks
	19	20	21	22	23
AM Snack		Kix, Peaches, and Milk	Cinnamon Rolls, Pears, and Milk	Muffins and Milk	Cheerios, Bananas, and Milk
Lunch	CLOSED	Spaghetti with Meat Sauce, Broccoli, Fruit, and Milk	Soft Chicken and Cheese Tacos, Mixed Veggies, Fruit, and Milk	Mac and Cheese, Green Beans, Fruit, and Milk	Chicken Nuggets, Mixed Veggies, Mixed Fruit, and Milk
PM Snack		Strawberry Chex and Pears or Vanilla Wafers and Pears	Graham Crackers and Cream Cheese	Chocolate Chip Cookies and Mixed Fruit	Trail Mix
	26	27	28	29	30
AM Snack	Rice Chex, Mango, and Milk	Muffins and Milk	Nutrigrain Bars, Peaches, and Milk	Yogurt, Blueberries, and Milk	Kix Cereal, Mixed Fruit, and Milk
Lunch	Beef and Cheese Soft Tacos, Corn, Fruit, and Milk	BBQ Meatballs with Mash Potatoes, Green Beans, Fruit, and Milk	Chicken Ranch and Cheese Wrap, Corn, Fruit, and Milk	Swedish Meatball Pasta, Mixed Veggies, Fruit, and Milk	Dino Nuggets, Mixed Veggies, Mixed Fruit, and Milk
PM Snack	Fig Bars and Pears	Graham Crackers and Cream Cheese	Goldfish and Apples	Pita Bread with Jelly	Carrots and Ranch or Crackers with Mandarin Oranges

Menu is subject to change