



January Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				CLOSED	1 Fruit & Veggie Smoothies, Sweet Potato Crackers, Water
PM Snack				CLOSED	2 Apple Slices, Goldfish Crackers, Water
AM Snack	5 Graham Crackers, Cream Cheese, Water	6 Apple Slices, Cheerios, Water	7 Yogurt, Granola, Water	8 Fruit & Veggie Smoothies, Belvita Crackers, Water	9 Waffles, Bananas, Sunbutter, Water
PM Snack	Turkey & Avocado Sandwich, Water	Bell Peppers, Ranch, Cheez Its, Water	Sunchips, Salsa, Water	String Cheese, Veggie Crackers, Water	Carrots, Ranch, Pretzels, Water
AM Snack	12 Cereal & Milk	13 Fruit & Veggie Smoothies, Belvita Crackers, Water	14 Eggs, Cheese, English Muffin, Water	15 Applesauce, Graham Crackers, Water	16 Strawberries, Yogurt, Granola, Water
PM Snack	Pita Bread, Hummus, Water	Oranges, Sweet Potato Crackers, Water	Carrots, Ranch, Cheez Its, Water	Turkey, Cheese, Ritz Crackers, Water	Sunchips, Salsa, Water
AM Snack	19 CLOSED	20 Cereal & Milk, Water	21 Bagels, Cream Cheese, Water	22 Bananas, Blueberry Muffin, Water	23 Fruit & Veggie Smoothies, Belvita Crackers, Water
PM Snack	CLOSED	Cucumbers, Ranch, Veggie Crackers, Water	Apple Slices, Goldfish Crackers, Water	Hummus, Pretzels, Water	Turkey, Cheese, Ritz Crackers, Water
AM Snack	26 Waffles, Bananas, Sunbutter, Water	27 Eggs, Cheese, English Muffin, Water	28 Fruit & Veggie Smoothies, Belvita Crackers, Water	29 Strawberries, Yogurt, Granola, Water	30 Cereal & Milk, Water
PM Snack	String Cheese, Sunchips, Water	Pita Bread, Hummus, Water	Turkey, Cheese, Ritz Crackers, Water	Applesauce, Graham Crackers, Water	Bell Peppers, Ranch, Pretzels, Water