



# February Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		2	3	4	5
AM Snack	Oatmeal w/ Mango	Graham Crackers w/ Sun Butter	Nutrigrain Bars w/ Milk	Toast w/ Jelly	Muffins and Banana
Lunch	Cheeseburger, Veggies and Fruit	Baked Ziti with Meatballs, Veggies, and Fruit	Chicken and Cheese Quesadilla with Corn and Seasonal Fruit	BBQ Meatballs, Mashed Potatoes, Herb Green Beans, and Fruit	Mini Pizza Bagels, Veggies, and Fruit
PM Snack	Cooks Choice	Graham Crackers w/ Cream Cheese	Pita Bread / Jelly	Sweet Potato Tots w/ Ranch	Carrots w/ Ranch
AM Snack		9	10	11	12
AM Snack	Pancakes w/ Syrup	Biscuits w/ Sausage	Kix Cereal w/ Milk	Yogurt and Granola	Cinnamon Toast
Lunch	Spaghetti and Meat Sauce, Veggies, and Seasonal Fruit	BBQ Chicken Sliders, Corn, and Fruit	Mac and Cheese, Veggies, and Seasonal Fruit	Chicken Alfredo, Broccoli, and Fruit	Chicken Nuggets, Mixed Veggies, and Seasonal Fruit
PM Snack	Emoji Crackers w/ Pineapple	Ritz and Pepperoni	Crackers and Cucumbers	Nilla Wafers and Pudding	Cinnamon Tortillas
AM Snack		16	17	18	19
AM Snack	Cheese Toast	Bagels w/ Cream Cheese	Cottage Cheese w/ Fruit	Waffles w/ Syrup and Saus	Biscuits and Jelly
Lunch	Hot Turkey and Cheese Sandwich, Veggies, and Seasonal Fruit	Sweidish Meatballs with Pasta, Mixed Veggies, and Seasonal Fruit	Chicken Fried Rice with Mixed Veggies, and Mixed Fruit	Cinnamon French Toast Sticks with Sausage and Tater Tots	Dino Nuggets, Mixed Veggies, and Fruit
PM Snack	Cracker Mix	Goldfish and Fruit	Graham Crackers w/ Sun Butter	Emoji Crackers w/ Yogurt	Cooks Choice
AM Snack		23	24	25	26
AM Snack	Oatmeal w/ Fruit	Muffins and Banana	Cinnamon Toast	Yogurt and Granola	Bagels w/ Cream Cheese
Lunch	Chicken Marinara Pasta, Veggies, and Seasonal Fruit	Soft Beef Tacos, Corn, and Seasonal Fruit	Chicken Nuggets, Mixed Veggies, and Seasonal Fruit	Chicken Parmesan Pasta, Broccoli, and Fruit	Mini Pizza Bagels, Veggies, and Fruit
PM Snack	Goldfish and Applesauce	Cinnamon Tortillas	Crackers and Cheese	Pretzels w/ Cheese	Carrots w/ Ranch
AM Snack		27			

