



# July Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Waffles w/ Syrup	2 Cereal Bar w/ Milk	3 <b>CLOSED IN OBSERVANCE OF INDEPENDENCE DAY</b>
Lunch			Grilled Cheese and Baked Beans w/ Fruit	Meatballs in Gravy w/ Veggies and Fruit	
PM Snack			Apples w/ Sun Butter	Goldfish and Mandarin Oranges	
AM Snack	6 Graham Crackers w/ Cream Cheese	7 Yogurt w/ Granola or Fruit	8 Toast w/ Sun Butter	9 Oatmeal w/ Blueberries	10 Biscuit w/ Sausage
Lunch	Ham and Cheese Wrap with Veggie and Fruit	Sloppy Joe Sliders w/ Veggie and Fruit	Soft Chicken Tacos w/ Veggies and Fruit	Spaghetti and Meatballs w/ Veggies and Fruit	Dino Nuggets w/ Veggies and Fruit
PM Snack	Ritz w/ Pepperoni	Pita Bread w/ Jelly	Carrots w/ Hummus	Nilla Wafers w/ Applesauce	Goldfish w Oranges
AM Snack	13 Cereal w/ Milk	14 Bagels w/ Cream Cheese	15 French Toast Sticks w/ Peaches	16 Butter Croissants w/ Fruit	17 Toast w/ Jelly
Lunch	Turkey and Cheese Sandwiches w/ Veggies and Fruit	Chicken Marinara Pasta w/ Veggies and Fruit	Bean and Cheese Burritos w/ Veggies and Fruit	Mac and Cheese w/ Veggies and Fruit	Mini Pizza Bagels w/ Veggies and Fruit
PM Snack	Sweet Potato Tots w/ Ranch	Cinnamon Tortillas	Cucumbers w/ Ranch	Nilla Wafers w/ Pudding	Ritz w/ Pepperoni
AM Snack	20 Muffins w/ Milk	21 Pancakes w/ Syrup	22 Cheese Toast	23 Oatmeal w/ Mango	24 Graham Crackers w/ Cream Cheese
Lunch	Italian Chicken Wrap with Veggie and Fruit	Meatball Marinara and Cheese Sliders w/ Veggies and Fruit	Orange Chicken and Rice w/ Veggies and Fruit	Soft Beef Tacos w/ Veggies and Fruit	French Toast Sticks w/ Sausage and Tater Tots
PM Snack	Apples w/ Sun Butter	Crackers w/ Peaches	Pita w/ Hummus	Pretzels w/ Cheese	Crackers w/ Cheese
AM Snack	27 Cottage Cheese w/ Oranges	28 Butter Croissants w/ Fruit	29 Bagels w/ Cream Cheese	30 Pancakes w/ Syrup and Banana	31 French Toast Sticks w/ Peaches
Lunch	Chicken, Cheese, and Ranch Wrap w/ Veggies and Fruit	Baked Ziti Meatball with Veggies and Fruit	BBQ Chicken Sliders w/ Veggies and Fruit	Chicken Parmesan Pasta w/ Veggies and Fruit	Chicken Fried Rice w/ Egg Rolls and Fruit
PM Snack	Sweet Potato Tots w/ Ranch	Cinnamon Tortillas	Goldfish w/ Oranges	Cracker Mix w/ Pears	Cooks Choice

Menu is subject to change