



August Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
AM Snack	Oatmeal w/ Mango	Cheese Toast	Waffles w/ Syrup	Toast w/ Egg Bites	Graham Crackers w/ Cream Cheese
Lunch	Spaghetti and Meatballs w/ Veggies and Fruit	Sweet and Sour Chicken with Rice, Veggie	Mac and Cheese with Veggie and Fruit	Soft Chicken Tacos w/ Veggies and Fruit	Chicken Nuggets w/ Veggies nad Fruit
PM Snack	Apples or Applesauce w/ Crackers	Pita w/ Hummus	Ritz w/ Pepperoni and Cheese	Cucumbers w/ Tzatziki	Carrots w/ Ranch
	10	11	12	13	14
AM Snack	Cereal w/ Milk	Bagels w/ Cream Cheese	Butter Croissants w/ Sausage	Bagels w/ Cream Cheese	SCHOOL CLOSED FOR PROFESSIONAL DEVELOPMENT
Lunch	Sloppy Joe Sliders w/ Veggies and Fruit	Meatball Marinara and Cheese Sliders w/ Veggies and Fruit	Chicken, Cheese, and Ranch Wraps w/ Veggies and Fruit	Chicken Fried Frice with Egg Rolls and Fruit	
PM Snack	Cinnamon Tortillas	Nilla Wafers w/ Pudding	Goldfish w/ Fruit	Pretzels w/ Cheese	
	17	18	19	20	21
AM Snack	Yogurt w/ Granola or Fruit	Waffles w/ Syrup	Toast w/ Sun Butter	Cereal w/ Milk	Cereal Bars w/ Banana
Lunch	Bean and cheese Burritos w/ Veggies and Fruit	Teriyaki Chicken w/ Rice, Veggies, and Fruit	Baked Ziti Meatabll with Veggies and Fruit	BBQ Chicken Sliders w/ Veggies and Fruit	Chicken Egg Rolls w/ Veggies and Fruit
PM Snack	Crackers w/ Jelly	Crackers or Chips w/ Guacamole	Pita w/ Hummus	Cucumbers w/ Tzatziki	Nilla Wafers w/ Pudding
	24	25	26	27	28
AM Snack	Muffins w/ Milk	Butter Croissants w/ Sausage	Pancakes w/ Syrup and Banana	Oatmeal w/ Blueberries	Bagels w/ Cream Cheese
Lunch	Chicken and Cheese Quesadilla w/ Veggies and Fruit	Soft Beef Tacos w/ Veggies and Fruit	Spaghetti and Meatballs w/ Veggies and Fruit	Mini Pizza Bagels w/ Veggies and Fruit	French Toast Sticks w Sausage and Tater Tots
PM Snack	Goldfish w/ Fruit	Apples or Applesauce w/ Crackers	GORP w/ Fruit	Ritz w/ Pepperoni and Cheese	Cinnamon Tortillas
	31				
AM Snack	Cottage Cheese w/ Oranges				
Lunch	Chicken Parmesan Pasta w/ Veggies and Fruit				
PM Snack	Carrots w/ Hummus				

Menu is subject to change