



September Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		¹ Toast w/ Bacon Egg Bites	² Cooks Choice	³ Cereal w/ Milk	⁴ Muffins w/ Milk
Lunch		Spaghetti and Meatballs w/ Veggies and Fruit	Chicken Cheese and Ranch Wrap w/ Veggies and Fruit	Mac and Cheese w/ Veggies and Fruit	Mini Pizza Bagels w/ Veggeis and Fruit
PM Snack		Whole Wheat Graham Crackers w/ Cream Cheese	Cucumbers w/ Hummus	Teddy Grahams w/ Fruit	Crackers w/ Cheese
AM Snack	CLOSED FOR LABOR DAY	⁸ Bagels w/ Cream Cheese	⁹ Waffles w/ Syrup	¹⁰ Yogurt w/ Granola or Cheerios	¹¹ Cereal Bars w/ Milk
Lunch		Chicken Alfredo with Steamed Veggies and Fruit	Bean and Cheese Burritos, Corn, and Seasonal Fruit	Hot Ham and Cheese Sandwiches with Veggies and Fruit	Baked Ziti Meatball w/ Veggies and Fruit
PM Snack		Pita w/ Jelly	Carrots w/ Hummus	Nilla Wafers / Animal Crackers w/ Pudding	Apples w/ Sun Butter
AM Snack	¹⁴ Biscuits w/ Sausage	¹⁵ Oatmeal w/ Mango	¹⁶ Cottage Cheese w/ Mandarin Oranges	¹⁷ Pancakes w/ Banana	¹⁸ Cheese Toast
Lunch	Cheese Ravioli w/ Marinara, Veggies, and Fruit	Sloppy Joe Sliders w/ Veggies and Fruit	Swedish Meatballs w/ Pasta, Mixed Veggies, and Seasonal Fruit	Soft Chicken Tacos w/ Veggies and Fruit	Dino Niggets w/ Veggies and Fruit
PM Snack	Goldfish and Pineapple	Cinnamon Tortillas	Crackers w/ Cheese	Cereal bars w/ Kiwi	Pretzels w/ Cheese
AM Snack	²¹ Cereal Bars w/ Milk	²² Butter Croissants w/ Jelly	²³ Bagels w/ Cream Cheese	²⁴ Biscuits w/ Jelly	²⁵ Muffins w/ Banana
Lunch	French Toast Sticks w/ Sausage and Tater Tots	Chicken and Cheese Quesdalla w/ Veggies and Fruit	BBQ Meatballs, Mashed Potatoes, Herb Green Beans, and Fruit	Chicken Parmesan w/ Veggie and Fruit	Mini Pizza Bagels w/ Veggies and Fruit
PM Snack	Applesauce and Cheese	Cooks Choice	Animal Crackers w/ Yogurt	Cucumbers w/ Hummus	Whole Wheat Graham Crackers w/ Cream Cheese
AM Snack	²⁸ Cheese Toast	²⁸ Waffles w/ Sun Butter	³⁰ Cooks Choice		
Lunch	Spaghetti and Meatballs w/ Veggies Fruit	Italian Chicken Wrap w/ Veggies and Fruit	Soft Beef Tacos w/ Corn and Seasonal Fruit		
PM Snack	Ritz w/ Pepperoni and Cheese	Pita w/ Hummus	Cinnamon Tortillas		

Menu is subject to change